

## WHAT MATTERS TO YOU AT THE END OF LIFE?

- Dignity
- Comfort
- Peaceful
- Easy for my family
- Quiet
- With God
- With family and friends

## STATISTICS

70%

Want to die at home

70%

Actually die in the hospital

80%

Want to have the end-of-life conversation with their doctor

17%

Actually have the end-of-life conversation with their doctor

90%

Believe it's important to have the conversation with their family

30%

Actually have the end-of-life conversation with their family

100%

HUMAN MORTALITY RATE

## ORDINARY VS. EXTRAORDINARY MEASURES OF LIFE-SUSTAINING TREATMENT

### ORDINARY

Life-sustaining treatment appropriately extended to patients with:

- A presumably reversible condition with a reasonable expectation to recover.
- A chronic condition who can reasonably be expected to live indefinitely given such treatment.

### EXTRAORDINARY

Disproportionate means of life-sustaining treatment extended to patients who meet the “triggering condition” and:

- Are excessively burdensome for the patient.
- Cause significant physical discomfort.
- Limited value in prolonging life or comfort



## ADVANCE CARE PLANNING

740-264-8318  
trinityhealth.com

It's important to talk about your wishes for end-of-life care to ensure everyone's wishes are expressed and respected.



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## TYPES OF ADVANCED DIRECTIVES

### LIVING WILL

A living will is your set of advance written instructions about the extent of healthcare treatment and life-supporting technology used to prolong your life, when you are unable to participate with health care decisions and/or communicate your wishes.

### HEALTHCARE POWER OF ATTORNEY

You appoint an adult relative or friend to speak for you when you are unable to make health care decisions.

### END OF LIFE PROTOCOLS

When completed by a doctor or certified nurse practitioner, allows a patient to choose the extent of the treatment they wish to receive at the end of life.

- **OHIO DNR**

Do Not Resuscitate Comfort Care Protocol

- **WEST VIRGINIA POST**

Physician Orders for Scope of Treatment

- **PENNSYLVANIA POLST**

Physician Orders for Life Sustaining Treatment

## WHEN DOES A LIVING WILL BECOME EFFECTIVE?

### WHEN

- A decision must be made about continuing, withholding or withdrawing extraordinary measures of life-sustaining treatment.
- A patient is incapable of making an informed decision.
- The “triggering” condition(s) is met.

### TRIGGERING CONDITIONS

- The attending physician and one other physician determine the patient has a terminal, irreversible, incurable and untreatable condition.
- The attending physician and one other physician believe death is likely to occur within a relatively short time without life-sustaining treatment.
- There is no reasonable possibility the patient will regain the capacity to make informed decisions.

## WHEN DOES A HEALTHCARE POWER OF ATTORNEY BECOME EFFECTIVE?

### WHEN

- **ONLY** when you are temporarily or permanently unable to make your own decisions about your healthcare.
- Be sure to instruct your Healthcare Power of Attorney about what you want and what you have written on your Living Will.

### CAN THE HEALTH CARE POWER OF ATTORNEY OVERRIDE YOUR DECISION ABOUT HEALTHCARE TREATMENT?

- The expectation of the Healthcare POA is to make the decision most in accord with your expressed preferences or known desires/wishes.